



## Starters

### Soup of the day €5.95

With our homemade brown bread

*Contains 1 (wheat & oatmeal), 7, 8*

### Wings €11 Go Large €18

The Palms chicken wings, hot & sticky or bbq, blue cheese dip, crisp celery & toasted sesame seeds

*Contains 3, 7, 8, 10, 11*

### Beef Nachos €10.95

Chilli beef smothered with cheese sauce served with tortilla chips, fresh guacamole & sour cream

*Contains 1 (wheat), 7*

### Deep Fried Brie €10.5

Panko fried Brie, chilli jam and house salad

*Contains 1 (wheat), 3, 7*

### Seafood Chowder €9.95

Abundance of fresh seafood served with homemade brown bread

*Contains 1 (wheat & oatmeal), 2, 4, 7, 8*

### Chicken Satay sm€11 lrg€16

Lightly seasoned strips of chicken, aromatic peanut sauce, served on a bed of soya noodles

*Contains 1 (wheat), 5, 7, 8, 9, 10, 11, 13*

## Sides All €4.5

Seasonal Vegetables

Onion Rings

Sauté Onions

Sauté Mushrooms

Baby Potatoes

Cheese & Garlic Potatoes

## Fries

Rosemary & Parmesan €6

Cheesy Fries €6

Cheese & Garlic €6

Taco Fries €11

## Mains

### House Burger €18

Two 4oz beef burger, baby gem, beef tomato, bacon, aged cheddar cheese, and served on a brioche bap

*Contains 1 (wheat), 7*

### Cajun Chicken Burger €17

Crisp bacon, cheddar cheese, crisp gem lettuce, beef tomato, served on a toasted brioche bap

*Contains 1 (wheat), 3, 7*

### Steak Sandwich €19

5oz sirloin steak, sauté onion & mushroom, gem lettuce, beef tomato served on garlic ciabatta and Peppercorn sauce

*Contains 1 (wheat), 3, 7, 9, 10*

### 10oz Ribeye Steak €32

Angus beef served with fries, onion rings, peppercorn sauce, sautéed onions and mushroom

*Contains 1 (wheat), 7*

### Thai Green Curry €15

Traditional Thai green curry, basmati rice, & naan bread

**Add Chicken €4 / Beef €6 / Prawn €6**

*Contains 1 (wheat), Prawns = 2. Crustaceans*

### Fish & Chips €18

Tempura haddock, crushed peas, tartare & fries

*Contains 1 (wheat), 3, 4*

## Salads

### The Palm Caesar Salad €14

The Palm Caesar Salad, cajun chicken, crisp gem lettuce, garlic croutons, bacon lardons, parmesan cheese

*Contains 1 (wheat), 3, 7*

### Goats Cheese Salad €11.5

Creamy goats cheese, roasted red pepper, candied walnuts, house salad & basil pesto

*Contains 7, 8 (walnuts), 10*

### Beef & Guinness Stew €19

Slow cooked Dexter beef in a rich Guinness jus.

Choice of creamy mash or fries

*Contains 1 (wheat), 3, 9*

### Pan-Fried Salmon €21

Pan fried Salmon, creamy mash & greens in a white wine cream

*Contains 1 (wheat), 4, 7*

### Chicken Goujons €14

Served with fries, house salad & sweet chilli mayonnaise

*Contains 1 (wheat), 3, 7*

### Carbonara €15

Creamy penne pasta with mushroom bacon & garlic ciabatta

**Add Chicken €4 / Add Prawn (2) €6**

*Contains 1 (gluten), 7*

### Penne Pesto €15

Creamy pesto sauce, cherry tomato, parmesan shavings, and garlic ciabatta

**Add Chicken €4 / Add Prawn (2) €6**

*Contains 1 (wheat), 7*

Please allow 30min cooking time on all main dishes - all of our food is cooked to order

**\*ALL OUR BEEF IS OF IRISH ORIGIN\***

### Superfood Salad €13

Halloumi, shaved fennel, avocado, cherry tomato, pomegranate, crouton's, onions, cucumber, mixed leaf and gem lettuce

*Contains 7b, 11*



# The Palm

## Wraps & Toasties

Lunch served from 12pm-3pm  
Monday to Saturday

All served with a side of chips  
**Add Soup €3/Add Wings €6**

### Toasted Special €10

Ham, cheese, tomato and onion on sourdough bread

Contains 1, 1a (wheat), 7b, 7c

### Ham & Cheese €10

Ham and cheese on sourdough bread

Contains 1, 1a (wheat), 7b, 7c

### The Reuben €13

Corned beef, cheese, sourkraut, thousand island dressing on sourdough bread

Contains 1 (wheat), 3

### Chicken Caesar Salad Wrap €12

Contains 1 (wheat), 3

### Goats Cheese Salad Wrap €12

Contains 1 (wheat)

### Open Smashed Avocado & Smoked Salmon €12

Served on our homemade brown bread

Contains 1 (wheat), 3

### Open Prawn €12

Succulent prawn, served on our homemade brown bread

Contains 1 (wheat), 3

## Desserts All €7.50

All of our desserts  
are homemade

### Brownie

Dark chocolate brownie vanilla ice cream & chantilly cream

Contains 1 (wheat), 3, 7

### Eton Mess

Mixed berry compote, mini marshmallows, meringue & vanilla ice cream

Contains 3, 7

### Ice Cream

Selections of ice creams  
Mixed Fruits & Butterscotch Sauce

Contains 3, 7

### Banoffee Pie

Biscuit, caramel, cream, banana and chocolate drops. Served with ice-cream and cream

Contains 3, 7

### Apple Crumble

Served with custard & vanilla ice cream

Contains 1 (wheat), 3, 7

## Kids Menu All €8.00

### Kids Meal €10

A meal listed served with ice cream and a cordial drink

### Sausage & Chips

Contains 1 (gluten), 3, 7

### Goujons & Chips

Contains 1 (wheat), 10

### Mini Fish & Chips

Contains 1 (wheat), 3, 4

### Penne Bolognese

Contains 1 (wheat), 3

### Burger & Chips

Contains 1 (wheat)

### Add Ice Cream €3

Contains 3, 7

Please allow 30min cooking time on all main dishes - all of our food is cooked to order

**\*ALL OUR BEEF IS OF IRISH ORIGIN\***

Follow us or leave a review



www.thepalmbray.ie

(01) 286 0668

The Palm, Strand Road,  
Bray, Co. Wicklow

## Allergens

1. Gluten 1a. Wheat 1b. Oatmeal 2. Crustaceans 3. Eggs 4. Fish 5. Peanuts 6. Soybeans 7. Milk 7a. Cream 7b. Cheese 7c. Butter 8. Nuts 9. Celery 10. Mustard 11. Sesame Seeds 12. Sulphur Dioxide 13. Lupin 14. Molluscs

**BOOK YOUR FUNCTION OR PARTY TODAY!**

Phone us on (01) 286 0668